

A2S Post

Able to Serve

a news digest published by the Able to Serve team in Garner, NC



In This Issue ...

Our Trip Around the World

What I Like About West
Johnston High School

What I Like About Able to Serve

My Family

Back to School

My Dog Rose

Florida Oranges

SPCA

Able to Serve

Muffy

Florida

Round Robin Stories



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Able to Serve™ is a faith-based 501(c)3 nonprofit organization founded in 2003. Our mission is to get involved in the lives of individuals who have intellectual and physical disabilities and help them get involved in our community.

Our Trip Around the World

by Becky

In June we took a trip “Around the World.” Here are some of the places we went and a few interesting facts for us to know.

Pastor Travis took us to Central Asia and Africa. He told us about a place he had been on a mission trip—**Zanzibar, Tanzania**. The people are of Arab descent. 99 percent are **Muslim**. 1 percent are Christian. The Muslims pray 5 times a day. They speak **Swahili**. Women can choose to wear a head covering if they don’t want to draw attention to themselves, but it is not required.

The people use **mud bricks** to build houses. They eat raw meat and fish, and they **sit on the floor** to eat their meals. They have coffee houses but **no traffic laws**. They sleep under **mosquito netting** to protect from bugs. The country’s money is based on **shillings**.

Children play **football**, but it’s what we call soccer. The rainy season is in the spring. The farmers grow **herbs and pineapples**.

Rachel taught us about her home which is **England**, also called the United Kingdom or the UK. **60 million people** live in the UK. England is an **island** (surrounded by water). The people **drive on the left** side of the road, and their money is called **pounds**. They also call cotton candy **candy floss**. During the afternoon, they have **tea time** with tea and scones, topped with cream or jelly.

Their national anthem is “God Save the Queen” (the same tune as “My Country ’tis of Thee”). The **queen** lives in **Buckingham Palace**, which has 172 rooms and 78 bathrooms. When approaching the queen, you must not touch her. That is a sign of disrespect. Curtsy or bow and address her as “**Your Majesty**.”

We also learned a little about **Argentina** from Carmen. Argentina’s capital is **Buenos Aires**. They mainly speak **Spanish**, but some speak English. The weather is very hot in the summer. Argentina is famous for its **glaciers and waterfalls**. They have many types of **llamas and alpacas**—the farmers shave them for their wool. Don’t get too close to either of them, unless you want to get **spit at**!

Finally, we learned a little about **Peru** from Angie’s friend Sharon. **Lima** is the capital. They grow 4,000 different varieties of **potatoes**. They harvest **salt**. Women wear different **hats** to show which region of Peru they are from. Women are short. If they are single, they wear two **yellow pom-poms** in their hair.

The religion in Peru is mainly **Catholic**. But many worship **idols** (instead of God). They pray to their **ancestors**. Everyone has to **work**, and only wealthy people can afford to go to college. The children wear **school uniforms**. Peru is very **clean**—they don’t produce a lot of trash.

continued on back

continued from front page

In many areas, there is **no electricity**, and **time really does not matter**.

Thank you, everyone, for teaching us all interesting facts about these countries!

What I Like About West Johnston High School

by Cody

I like riding the bus. I also like my friends at school. I bring my lunch most of the time. I like listening to music at school. I like doing work as well.

What I Like About Able to Serve

by Cody

I like riding the bus with Carlton. I like to make Wayne laugh. I like it a lot when we have cookouts with hot dogs. I like it when Stephanie is there with me. I like playing ball in the gym.

Teresa’s Favorite Bible Verse

Fear not. I am your God. Don’t be dismayed. I will be with you and I will help you. I will lift you up with my righteous hand.

My Family

by Beka

Benett likes soccer ball. Benett kisses Louis and Olaf. Rachel likes Anna. I like Elsa.

Brandon likes Benett. Brandon is Benett’s dad. My dad is the king. Mommy is the queen. I am Belle, the queen of the Beast. Carlton is the Beast.

Benett turns the lights off at 10.

Back to School

by Mark

In August, we have been going back to school at Able to Serve. I like the exercises we do in P.E. I also like to play basketball. Shooting baskets is fun. Eating outside is fun. Learning to count money is very interesting. We used the money to shop from the paper. We made volcanoes and watched them erupt. We wrote a group story. We made a bowl in art.

My Dog Rose

by Mike

Rose is a bull mastiff. She likes to play and run. And she likes to walk.

Florida Oranges

by Mike

In July, we learned about Florida. We learned how oranges grow and how they make orange juice.

SPCA

by Mike

I volunteer at the Wake County SPCA every week. I wash laundry and dry laundry and fold the laundry for them. I visit the cats and play with them. I visit the puppies too. I pet them and play with them.

Able to Serve

by Stephanie

A All
B Boldly
L Love
E Everybody

T Together
O Openly

S Souly
E Equally
R Real
V Valuable
E Every day

Muffy

by Camille

My dog is one of a kind. She is so glad to see me when I come home. She meets me at the door with her tail wagging. And she whines and pouts when I leave to go to church. She gets into her bed and faces the wall.

She is 5 years old. She is a shitzu breed from China. She loves to sit on my lap. I sing her to sleep at night. She really goes to sleep.

She does not like to wear clothes. She loves to play with tennis balls, and her favorite toy is a pink flip flop that squeaks.

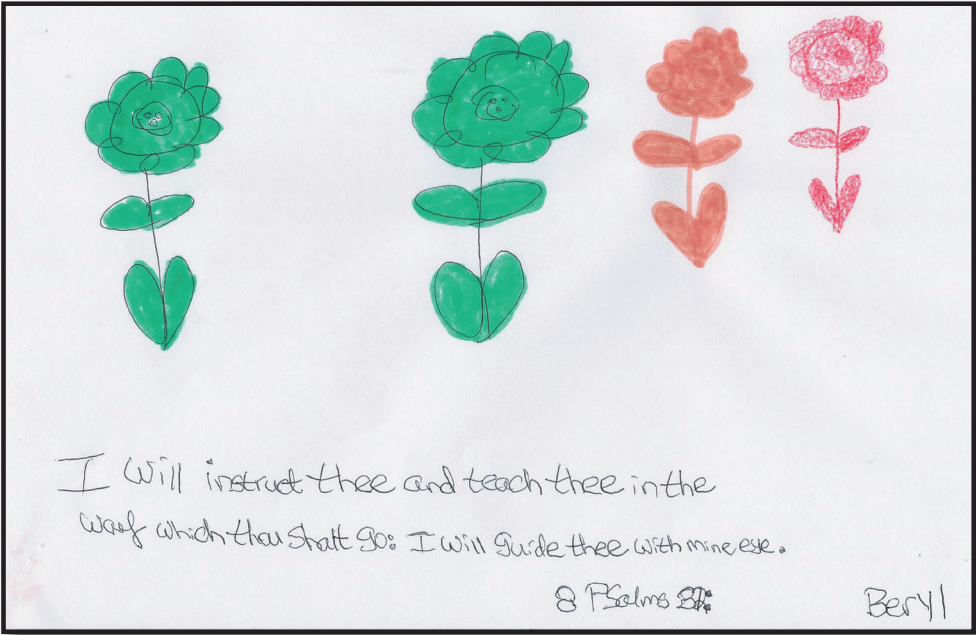
She sometimes plays in her water dish, and she gets a mouthful of food and drops it on the living room floor, then eats it. This causes me and my mom to eat in the living room sometimes.

I love her so much. I know she loves me.

Florida

by Camille

I liked everything we learned about Florida. We learned about all the different lighthouses. We learned about Pensacola. It sounds very exciting there. We saw pictures of water in the ocean, and the sand, and shells. I liked the craft we made with shells.



One Tuesday we wrote Round Robin stories. Each group started a story, then passed it to the next group to write the next part. Four different groups worked on each story, and each story came out differently. Here are the stories.

Story 1

It was a dark and stormy night. There was rain and more rain. There was a lot of thunder. It was very scary. I saw a strange person. He was tall and large. He looked like a clown, and he laughed—Ha! Ha! Ha!

It was very scary. It gave me chills. He scared me a lot. I became more scared. So I decided to scare him. He chased me into the forest. So I bopped him, and his nose fell off. It was Gary!

His face popped up like a Jack-in-the-box. He looked nothing like the Gary I once knew. I knew I had to fight for my life. I ran, but I knew he was close behind. I turned around and socked him in his teeth with my fist. His only reaction was to laugh hysterically. This only made me more frightened.

I kept running. I was terrified. Scary Gary was getting closer. Suddenly I fell down a big black hole. I could hear ringing in my ears. I opened my eyes. It was my alarm clock. I realized it was just a dream ... or was it?

Story 2

It was a dark and stormy night, and I was all alone in the house. I heard some scary screams coming from the basement. I got brave and I went down for a look. I saw Jim.

Jim was sitting on the couch. He was sleeping. A bear then growled and woke Jim up. Then the bear started chasing Jim. Then Jim jumped up and scared the bear. Jim was too scared to go back to sleep, so he ran around the block. Then Jim ran into a lion.

Oh my goodness, we are not in Kansas anymore, Toto! So where are we? We are in the land of Oz. We met the Tin Man, the Wizard, and the Munchkins. We followed the yellow brick road to Florida and went to the beach. And we saw Carlton on a surfboard. Jaws was coming up behind Carlton, then Jaws bit the side of the surfboard!

Jim jumped in to save Carlton, but it was too late. All he could see was Carlton’s head going under the water. Off in the distance, the Cowardly Lion was running away from the beach. And the Munchkins were chattering, “For he’s a jolly good fella; he’s a jolly good fella.” As Jim looked to her left, he saw Dorothy click her heels three times. That instant Jim woke up and realized he had been dreaming all the time. Carlton was still alive and well!

Story 3

It was a dark and stormy night, and a car was broken down on the side of the road. A man in a trench coat appeared out of nowhere and approached the car. Will was in shock. He was scared. The man’s hat covered the features of his face. Will had no idea who the man was.

Will started calling for help, but no one answered his cries. He tried to start the car himself, but it wouldn’t start. The man in the trench coat who appeared dark and shadowy was getting closer. Will pulled out his baseball bat, but he realized it was Cody.

Cody was going swimming. Cody was going to have a picnic at the swimming pool. Afterward, he jumped up to Mars because he had super powers. They way he got special powers was because he met a Martian. He was super strong.

What did the Martian say? “Welcome aboard my ship. Welcome back to Earth. Would you like some Martian tea to

drink? Cody said yes and offered the Marian grape Kool-Aid. Cody and the Marian became friends after sharing tea and Kool-Aid. Cody decided to take the Martian home, and they lived happily ever after.

The End ... or maybe The Beginning ...

Story 4

It was a dark and stormy night with a lot of rain. I looked out the window and saw it was dark and cold, and I tried to stay warm. I thought I saw someone in the woods, and he was headless! I was scared to death.

I had heard legends of the Headless Horseman, and tonight those tales ran through my head. I went to the window and closed the curtain, but that did not stop my fear. Wayne ran outside to see who this scary person was. Suddenly, I saw a flash of light through the curtain. Wayne ran inside. His face was white as a ghost.

“What did you see?” asked Wayne’s friends Beka, Becky, and Zach. “It was a scary dog that was ugly too,” said Wayne. “Just a dog? That’s not so scary,” said Becky as she looked out of the window. Suddenly she froze.

What was that in the dog’s mouth? It looked like an arm. It was a bear’s arm. It tasted like chocolate ice cream. The dog found the bear’s arm in the pool. Then the dog went home, and Wayne then went swimming. Wayne was wearing water wings and got in a fight with Ellen. They got in a fight about a soccer game. After that, they said “sorry” and became friends.



Coming Up at Able to Serve

September 15	2015 Registration and Scholarship Deadline
September 27	Harvest Dance
November 1	Ride for Abilities
November 15	Santa Shop Craft Fair
November 19	Thanksgiving Sharing Feast
December 17	Christmas Party



Vacation Word Search

BEACH • ZOO • CAR • PLANE • TRAIN
LAKE • OCEAN • FAMILY • FUN • SUN

B	X	Y	X	L	A	K	E	X	Y
X	E	X	Y	X	Y	X	Y	X	P
Y	X	A	Y	X	F	U	N	Y	L
X	S	X	C	A	R	X	Y	X	A
Y	U	X	Y	H	X	Y	O	Y	N
X	N	Y	X	Y	X	Y	C	X	E
T	R	A	I	N	X	X	E	Y	X
X	Y	X	Y	X	Y	Z	A	X	Y
Y	X	Y	X	Y	X	O	N	Y	X
F	A	M	I	L	Y	O	Y	X	Y