



CONNECTIONS

Able to Serve • P.O. Box 334 Garner, NC 27529 • (919) 779-5545

WE ARE ABLE TO LEARN

Learning is an essential piece of the mission at Able to Serve and it takes on many different forms.

Learning happens in the classroom. For some participants, Able to Serve is the next step after graduation. Thus, in the classroom, they can continue working on concepts and skills that were introduced in school. For others, the classroom is where they can revisit things they learned in school many years ago and be introduced to even more.

Learning happens in the community. Learning in the community is just as effective as learning in the classroom. Through guest speakers and group outings, participants can engage with new people and places to make abstract ideas become concrete.

Learning happens in a group setting. Many of the activities and learning opportunities at Able to Serve involve participants in group.



Group activities and projects allow participants to learn how to work together and gives participants the chance to learn from one another.

Learning happens in an individual setting. At Able to Serve, we strive to meet participants where they are and challenge them to go a step further. Learning is different for each person. Through individualized learning opportunities, participants can set personal learning goals and celebrate when they meet them.



Able to Serve is a faith-based 501(c)3 nonprofit organization founded in 2003. Our mission is to get involved in the lives of individuals who have intellectual and physical disabilities and help them get involved in our community.

CONSTRUCTION HAS BEGUN

Able to Serve has a good problem. We are growing in number and that means we need more space. Currently we are working to make the upstairs functional space for administration, so that we can use the fourth classroom in our building to accommodate more participants. After receiving approval from the Lord of Life Lutheran Church as our leaser, obtaining the permits to do the work, and accepting generous donations from people who believe in the mission and vision of our organization, we have finally broken ground! We expect this expansion project to enhance the ministry of Able to Serve within the special needs community. If you would like more information on how to donate to this project, simply stop by or call the Able to Serve office, visit our website, or follow us on Facebook.

A MULTI-FACETED LEARNING EXPERIENCE

Money Matters. *Able to Serve is blessed to have three functioning classrooms, with the anticipation of a fourth classroom becoming available in the next few months. While much of what we do happens in the community, the classroom is a vital part of education. Many of our participants find money to be a challenging concept. For the past few weeks, we have spent time focusing on identifying and counting coins and bills and paying and making change.*

What's Cookin'? *Trips like the one our participants took to the North Carolina State University Dining Center enhance the educational experience at Able to Serve. For weeks prior to the trip, participants studied healthy eating and exercise habits by reading articles, watching informational videos, researching on the internet, playing games and practicing their own healthy recipes. Then, the NC State Dining team welcomed participants on campus for a healthy cooking demonstration and allowed participants to assist in making various healthy snacks. The trip rounded off with participants enjoying lunch in the Talley Student Union.*

It Takes a Team. *One of the big group projects at Able to Serve involves the greenhouse and garden. Our participants partner together to plant, water, cultivate, and harvest a variety of fruits and vegetables each growing season. Decisions about planting are made in a group, the work is done by everyone, and the harvest is enjoyed by all.*

One Step at a Time. *Autumn is one of the newest members of the Able to Serve family. When Autumn began just a few short months ago, she had many learning goals to work toward. We have been able to celebrate with Autumn as she has made steps to reach these goals. Through repetition and consistency, Autumn has begun to complete tasks more independently, to use words to express her feelings, and to be successful in group settings. With more work she will continue to reach her goals.*



HOW CAN YOU HELP?

The multi-faceted learning experience that is offered at Able to Serve would not be possible without the commitment of our wonderful team of volunteers. As we grow, there are even more opportunities for you to volunteer.

*Currently, we are in need of **classroom volunteers and van drivers**. If you are interested in joining the volunteer team, please contact the Able to Serve office to set up a visit and talk with someone about the volunteer application process.*



ONLINE: AbleToServe.org

MAIL-IN:

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